


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Employment Coordinator 10:00AM - 12:00PM <u>Market 12 – 5PM</u> <u>Women’s Group</u> 6:30 – 8:30	2 SHIP 9:00–10:30AM Coffee Time 9:30-11:30AM	3 PAARC 9:30 – 11:30 AM <u>Market 12 – 5PM</u>	4 Refresh 10:00AM-Noon <u>ALPHA</u> 5:15PM
<div style="border: 1px solid black; padding: 10px; text-align: center;">  <p>SHIP's LAKESHORE LINKS DROP-IN Thursday's 2-4PM</p> <p>211B LAKESHORE ROAD EAST, MISSISSAUGA</p> </div>						
5	6 ESL 9:30 – 11:30AM <u>Market 3 – 8PM</u>	7 Lunch Program 11:30AM-1 PM Nursing Clinic 11:30AM-12:30PM (Foot Care) MFB Delivery* 3:00-5:30PM Men’s Group 6:30-8:30PM	8 <u>Market 12 – 5PM</u> <u>Women’s Group</u> 6:30 – 8:30	9 SHIP 9:00–10:30AM Haircuts 9:30-11:30AM Coffee Time 9:30-11:30AM Good Food Box & Cooking program 4:00-7:00PM	10 PAARC 9:30 – 11:30 AM <u>Market 12 – 5PM</u>	11 Refresh 10:00AM-Noon <u>ALPHA</u> 5:15PM
12	13 ESL 9:30 – 11:30AM <u>Market 3 – 8PM</u>	14 Lunch Program 11:30AM-1 PM Nursing Clinic 11:30AM-12:30PM MFB Delivery* 3:00-5:30PM Men’s Group 6:30-8:30PM	15 Employment Coordinator 10:00AM - 12:00PM <u>Market 12 – 5PM</u> <u>Women’s Group</u> 6:30 – 8:30	16 SHIP 9:00-10:30 AM Coffee Time 9:30-11:30AM Managing Your Money 7:00 – 9:00PM	17 PAARC 9:30 – 11:30 AM <u>Market 12 – 5PM</u>	18 Refresh 10:00AM-Noon <u>ALPHA</u> 5:15PM
19	20 ESL 9:30 – 11:30AM <u>Market 3 – 8PM</u>	21 Lunch Program 11:30AM-1 PM Nursing Clinic 11:30AM-12:30PM (Foot Care) MFB Delivery* 3:00-5:30PM Men’s Group 6:30-8:30PM	22 <u>Market 12 - 5PM</u> <u>Women’s Group</u> 6:30 – 8:30	23 SHIP 9:00–10:30AM Haircuts 9:30-11:30AM Coffee Time 9:30-11:30AM Good Food Box & Cooking program 4:00-7:00PM	24 PAARC 9:30 – 11:30 AM <u>Market 12 – 5PM</u>	25 Refresh 10:00AM-Noon <u>ALPHA</u> 5:15PM
26	27 ESL 9:30 – 11:30AM <u>Market 3 – 8PM</u>	28 Lunch Program 11:30AM-1 PM Nursing Clinic 11:30AM-12:30PM MFB Delivery* 3:00-5:30PM Men’s Group 6:30-8:30PM	29 <u>Market 12 – 5PM</u> <u>Women’s Group</u> 6:30 – 8:30	30 SHIP 9:00-10:30 AM Coffee Time 9:30-11:30AM Managing Your Money 7:00 – 9:00PM	* Volunteers needed for MFB Delivery – Tuesdays	