


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>* Volunteers needed for MFB Delivery – Tuesdays</i></p> <p><i>** Income Tax Sign-up required</i></p>	<p>1</p> <p>ESL 9:30 – 11:30AM</p> <p><u>Market 3 – 8PM</u></p>	<p>2</p> <p>**Income Tax 9 – 11:30 AM</p> <p>Lunch Program 11:30AM-12:30PM</p> <p>Nursing Clinic 11:30AM-12:30PM</p> <p>MFB Delivery* 3:00-5:30PM</p> <p>Men’s Group 6:30-8:30PM</p>	<p>3</p> <p>Ontario Works 2:30PM</p> <p><u>Market 12 – 5PM</u></p> <p>Women’s Group 6:30-8:30PM</p>	<p>4</p> <p>SHIP 9:00–10:30AM</p> <p>Coffee Time 9:30-11:30AM</p> <p>Good Food Box & Cooking program 4:00-7:00PM</p> <p>**Income Tax 6 – 8:30 PM</p>	<p>5</p> <p><u>Market 12 – 5PM</u></p>	<p>6</p> <p>Refresh 10:00AM – Noon</p>
<p>7</p>	<p>8</p> <p>ESL 9:30 – 11:30AM</p> <p><u>Market 3 – 8PM</u></p>	<p>9</p> <p>**Income Tax 9 – 11:30 AM</p> <p>Lunch Program 11:30AM-12:30PM</p> <p>Nursing Clinic 11:30AM-12:30PM</p> <p>MFB Delivery* 3:00-5:30PM</p> <p>Men’s Group 6:30-8:30PM</p>	<p>10</p> <p>Ontario Works 2:30PM</p> <p>Employment Coordinator 10:00AM - 12:00PM</p> <p><u>Market 12 – 5PM</u></p> <p>Women’s Group 6:30-8:30PM</p>	<p>11</p> <p>SHIP 9:00–10:30AM</p> <p>Coffee Time 9:30-11:30AM</p> <p>Haircuts 9:30-11:30AM</p> <p>**Income Tax 6 – 8:30 PM</p>	<p>12</p> <p>PAARC 9:30 – 11:30 AM</p> <p><u>Market 12 – 5PM</u></p>	<p>13</p> <p>Refresh 10:00AM-Noon</p>
<p>14</p>	<p>15</p> <p>ESL 9:30 – 11:30AM</p> <p><u>Market 3 – 8PM</u></p>	<p>16</p> <p>Lunch Program 11:30AM-12:30PM</p> <p>MFB Delivery* 3:00-5:30PM</p> <p>Nursing Clinic 11:30AM-12:30PM</p> <p>Men’s Group 6:30-8:30PM</p>	<p>17</p> <p>Employment Coordinator 10:00AM - 12:00PM</p> <p>Ontario Works 2:30PM</p> <p><u>Market 12 – 5PM</u></p> <p>Women’s Group 6:30-8:30PM</p>	<p>18</p> <p>SHIP 9:00-10:30 AM</p> <p>Coffee Time 9:30-11:30AM</p> <p>Good Food Box & Cooking program 4:00-7:00PM</p>	<p>19</p> <p><u>Market 12 – 5PM</u></p>	<p>20</p> <p>Refresh 10:00AM-Noon</p>
<p>21</p>	<p>22</p> <p>CLOSED Victoria Day</p>	<p>23</p> <p>Lunch Program 11:30AM-12:30PM</p> <p>Nursing Clinic 11:30AM-12:30PM</p> <p>MFB Delivery* 3:00-5:30PM</p> <p>Men’s Group 6:30-8:30PM</p>	<p>24</p> <p>Ontario Works 2:30PM</p> <p><u>Market 12 - 5PM</u></p>	<p>25</p> <p>SHIP 9:00–10:30AM</p> <p>Coffee Time 9:30-11:30AM</p> <p>Haircuts 9:30-11:30AM</p>	<p>26</p> <p>PAARC 9:30 – 11:30 AM</p> <p><u>Market 12 – 5PM</u></p>	<p>27</p> <p>Refresh 10:00AM-Noon</p>
<p>28</p>	<p>29</p> <p>ESL 9:30 – 11:30AM</p> <p><u>Market 3 – 8PM</u></p>	<p>30</p> <p>Lunch Program 11:30AM-12:30PM</p> <p>Nursing Clinic 11:30AM-12:30PM</p> <p>MFB Delivery* 3:00-5:30PM</p> <p>Men’s Group 6:30-8:30PM</p>	<p>31</p> <p>Ontario Works 2:30PM</p> <p><u>Market 12 - 5PM</u></p>	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>SHIP’s LAKESHORE LINKS DROP-IN Thursday’s 2-4PM</p>  <p>211B LAKESHORE ROAD EAST, MISSISSAUGA</p> </div>		