



THE COMPASS

Help for Today ♥ Hope for Tomorrow

September 2022

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|--|--|--|-----------|
| <p>29</p> <p>Market 12p-7p</p> | <p>30</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> | <p>31</p> <p>Market 10a-4:30p</p> <p>S.H.I.P. Housing 10a-1p</p> | <p>1</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> <p>The Compass Community BBQ 5:30p-6:30p</p> | <p>2</p> <p>Market 10a-4:30p</p> | <p>3</p> | <p>4</p> |
| <p>5</p> <p>CLOSED For Labor Day</p> | <p>6</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> | <p>7</p> <p>Market 10a-7p</p> <p>S.H.I.P. Housing 10a-1p</p> <p>Family Services Of Peel 1p-4p</p> | <p>8</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> <p>The Compass Community BBQ 5:30p-6:30p</p> | <p>9</p> <p>Market 10a-4:30p</p> <p>Haircuts 10a-12p</p> | <p>10</p> <p>Refresh 10:30a-12p</p> | <p>11</p> |
| <p>12</p> <p>Market 12p-7p</p> <p>Housing Support 12p-2:30p</p> | <p>13</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> | <p>14</p> <p>Market 10a-4:30p</p> <p>BLOOM Clinic 10a-1p</p> <p>S.H.I.P. Housing 10a-1p</p> <p>Women's Group 6:00p - 8:00p</p> | <p>15</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> <p>The Compass Community BBQ 5:30p-6:30p</p> | <p>16</p> <p>Market 10a-4:30p</p> | <p>17</p> | <p>18</p> |
| <p>19</p> <p>Market 12p-7p</p> <p>Housing Support 12p-2:30p</p> | <p>20</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> | <p>21</p> <p>Market 10a-4:30p</p> <p>S.H.I.P. Housing 10a-1p</p> <p>Family Services Of Peel 1p-4p</p> <p>Women's Group 6:00p - 8:00p</p> | <p>22</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> <p>The Compass Community BBQ 5:30p-6:30p</p> | <p>23</p> <p>Market 10a-4:30p</p> <p>Nursing Services 10a-12p</p> | <p>24</p> <p>Refresh 10:30a-12p</p> | <p>25</p> |
| <p>26</p> <p>Market 12p-7p</p> <p>Housing Support 12p-2:30p</p> | <p>27</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> | <p>28</p> <p>Market 10a-4:30p</p> <p>S.H.I.P. Housing 10a-1p</p> <p>Women's Group 6:00p - 8:00p</p> | <p>29</p> <p>Hope to Go Lunch Eat in / Take-Out 12p-1:00p</p> <p>The Compass Community BBQ 5:30p-6:30p</p> | <p>30</p> <p>Market 10a-4:30p</p> <p>Nursing Services 10a-12p</p> | <p>1</p> <p>Refresh 10:30a-12p</p> | <p>2</p> |

The "Market" is available for community members living in south Mississauga within the postal codes L5E, L5G, L5H.& L5J. All other programs are available to any community members regardless of postal code.



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Programs Descriptions

Housing Support

A housing support worker from the Region of Peel will be on site to assist with housing support, housing navigation and resources.

Hope-to-Go Lunch Program

An eat in or take away lunch and an opportunity for social interaction.

Family Services of Peel

General employment information, job search strategies and interview techniques.

SHIP

Services & Housing In The Province – Assistance for people with mental health and addiction issues who are in need of supportive housing (subsidized housing with mental health case management support); also information and referral to other services available in the community

Haircuts

For clients offered by a local stylist

Nursing Services

Offered by Homeless Health Peel focused on primary care serving those who are experiencing homelessness, or at risk of homelessness.

PAARC (Peel Addiction Assessment and Referral Centre)

Offers many services and supports for people living with substance misuse and abuse, substance dependence, and harmful gambling

Bloom Clinic

A harm reduction clinic offering education and testing for Hepatitis C

Women's Group

Dinner and discussion for individuals that identify as female

BBQs

Eat in or take away BBQ dinner

Refresh

A safe space where individuals can explore, seek and ask real questions about God, faith & life.

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