



# THE COMPASS

Help for Today ♥ Hope for Tomorrow

## March 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>6</p> <p><b>Market</b> 12p-7p <b>Haircuts</b> 12 -2 <b>Housing Support</b> 12p-2p <b>Moyo Harm Reduction Services</b> 12 -2 <b>Chaplain Services</b> 1-2:30 pm</p>	<p>7</p> <p><b>Community Lunch</b> 12p-1:00p  <b>Men's Group</b> 6:30p-8:30p</p>	<p>8</p> <p><b>Market</b> 10a-4:30p <b>S.H.I.P. Housing</b> 10a-12p <b>BLOOM Clinic</b> 10a-1p <b>Stride Employment Services</b> 1-4:30p <b>Women's Group</b> 6:00p - 8:00p</p>	<p>9</p> <p><b>Community Lunch</b> 12p-1:00p</p>	<p>10</p> <p><b>Market</b> 10a-4:30p  <b>Nursing Services</b> 10a-12p  <b>Haircuts</b> 10-1p  <b>PAARC</b> 10a-12p</p>	<p>11</p> <p><b>Refresh</b> 10:30a-12p</p>	<p>12</p>
<p>13</p> <p><b>Market</b> 12p-7p <b>Housing Support</b> 12p-2 <b>Moyo Harm Reduction Services</b> 12 -2 <b>Haircuts</b> 12-2p <b>Employment Services</b> 1 - 4 <b>Chaplain Services</b> 1-2:30 pm</p>	<p>14</p> <p><b>Community Lunch</b> 12p-1:00p  <b>Men's Group</b> 6:30p-8:30p</p>	<p>15</p> <p><b>Market</b> 10a-4:30p <b>S.H.I.P. Housing</b> 10a-12p <b>I.D. Clinic</b> 12-4:30p <b>Women's Group</b> 6:00p - 8:00p</p>	<p>16</p> <p><b>Community Lunch</b> 12p-1:00p</p>	<p>17</p> <p><b>Market</b> 10a-4:30p  <b>Nursing Services</b> 10a-12p <b>PAARC</b> 10a-12p</p>	<p>18</p> <p><b>Refresh</b> 10:30a-12p</p>	<p>19</p>
<p>20</p> <p><b>Market</b> 12p-7p <b>Haircuts</b> 12 -2 <b>Housing Support</b> 12p-2p <b>Moyo Harm Reduction Services</b> 12 -2 <b>Chaplain Services</b> 1-2:30 pm</p>	<p>21</p> <p><b>Community Lunch</b> 12p-1:00p  <b>Men's Group</b> 6:30p-8:30p</p>	<p>22</p> <p><b>Market</b> 10a-4:30p <b>S.H.I.P. Housing</b> 10a-12p <b>BLOOM Clinic</b> 10a-1p <b>Stride Employment Services</b> 1-4:30p</p>	<p>23</p> <p><b>Community Lunch</b> 12p-1:00p</p>	<p>24</p> <p><b>Market</b> 10a-4:30p  <b>Haircuts</b> 10 -1</p>	<p>25</p> <p><b>Refresh</b> 10:30a-12p</p>	<p>26</p>
<p>27</p> <p><b>Market</b> 12p-7p <b>Housing Support</b> 12p-2 <b>Moyo Harm Reduction Services</b> 12 -2 <b>Haircuts</b> 12-2p <b>Employment Services</b> 1 - 4 <b>Chaplain Services</b> 1-2:30 pm</p>	<p>28</p> <p><b>Community Lunch</b> 12p-1:00p  <b>Men's Group</b> 6:30p-8:30p</p>	<p>29</p> <p><b>Market</b> 10a-4:30p <b>S.H.I.P. Housing</b> 10a-12 <b>I.D. Clinic</b> 12-4:30p <b>Women's Group</b> 6:00p - 8:00p</p>	<p>30</p> <p><b>Community Lunch</b> 12p-1:00p</p>	<p>31</p> <p><b>Market</b> 10a-4:30p  <b>Nursing Services</b> 10a-12p <b>PAARC</b> 10a-12p</p>	<p>1</p> <p><b>Refresh</b> 10:30a-12p</p>	<p>2</p>

## **Programs Descriptions**

### **Housing Support**

A housing support worker from the Region of Peel will be on site to assist with housing support, housing navigation and resources.

### **Community Lunch Program**

An eat in lunch and an opportunity for building community and social interaction.

### **Family Services of Peel**

General employment information, job search strategies and interview techniques.

### **STRIDE**

Employment workshops and/or one-on-one assistance with job search and preparation.

### **SHIP**

Services & Housing In The Province – Assistance for people with mental health and addiction issues who are in need of supportive housing

### **Haircuts**

For clients offered by a local stylist

### **Nursing Services**

Offered by Homeless Health Peel focused on primary care serving those who are experiencing homelessness, or at risk of homelessness.

### **PAARC (Peel Addiction Assessment and Referral Centre)**

Offers many services and supports for people living with substance misuse and abuse, substance dependence, and harmful gambling

### **Bloom Clinic**

A harm reduction clinic offering education and testing for Hepatitis C

### **Moyo Harm Reduction**

A harm reduction agency that provides education, social and support services for people living with, affected by, and at systemic risk of HIV

### **Women's Group**

Dinner and discussion for individuals that identify as female

### **Refresh**

A safe space where individuals can explore, seek and ask real questions about God, faith & life.

### **Chaplain Services**

Non-denominational, private time with the Chaplain to share spiritual concerns.

### **Regeneration ID Clinic**

One-on one assistance with applying for an Ontario Birth Certificate.