



THE COMPASS

Help for Today ♥ Hope for Tomorrow

March 2024 - Version 4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
²⁶ Food Bank & Drop-In 9:30 am - 7 pm Housing Support 10 am - 12 pm	²⁷ Tax Preparation 9-11 am Drop-In 10 am - 4 pm PAARC 10 am - 1 pm Community Lunch 12 - 1 pm Men's Group 6:15 - 8:30 pm	²⁸ Food Bank & Drop In 9:30 am - 5 pm S.H.I.P. Housing 10a-2 BLOOM Clinic 10 am - 1 pm Women's Group 5:30 - 8 pm	²⁹ Drop-In 10 am - 4 pm Community Lunch 12 - 1 pm Moyo 10 am - 1 pm Tax Preparation 5-7 pm	¹ Food Bank & Drop-In 9:30 am - 5 pm Nursing Services (HHP) 9:30 am - 3 pm PAARC 10 am - 12 pm	² Refresh 10:30 am - 1:00 pm  Films & Fellowship 5-8 pm NYAD	³
⁴ Food Bank & Drop-In 9:30 am - 7 pm Housing Support 10 am - 12 pm Employment Services (Family Services of Peel) 10 am - 4 pm	⁵ Tax Preparation 9-11 am Drop-In 10 am - 4 pm PAARC 10 am - 1 pm Community Lunch 12 - 1 pm Men's Group 6:15 - 8:30 pm	⁶ Food Bank & Drop-In 9:30 am - 5 pm S.H.I.P. Housing 10 am - 2 pm Women's Group 5:30 - 8 pm	⁷ Drop-In 10 am - 4 pm Community Lunch 12 - 1 pm Moyo 10 am - 1 pm Tax Preparation 5-7 pm	⁸ Food Bank & Drop-In 9:30 am - 5 pm Nursing Services (HHP) 9:30 am - 3pm PAARC 10 am - 12 pm	⁹ Refresh 10:30 am - 1 pm  Films & Fellowship 5-8 pm Thunder Force	¹⁰
¹¹ Food Bank & Drop-In 9:30 am - 7 pm Housing Support 10 am - 12 pm	¹² Tax Preparation 9-11 am Drop-In 10 am - 4 pm PAARC 10 am - 1 pm Community Lunch 12 - 1 pm Men's Group 6:15 - 8:30 pm	¹³ Food Bank & Drop In 9:30 am - 5 pm S.H.I.P. Housing 10a-2 BLOOM Clinic 10 am - 1 pm Women's Group 5:30 - 8 pm	¹⁴ Drop-In 10 am - 4 pm Community Lunch 12 - 1 pm Moyo 10 am - 1 pm Tax Preparation 5-7 pm	¹⁵ Food Bank & Drop-In 9:30 am - 5:00 pm (early close) Nursing Services (HHP) 9:30 am - 3 pm PAARC 10 am - 12 pm	¹⁶ Refresh 10:30 am - 1 pm  Films & Fellowship 5-8 pm The Impossible	¹⁷
¹⁸ Food Bank & Drop-In 9:30 am - 7 pm Housing Support 10 am - 12 pm Employment Services (Family Services of Peel) 10 am - 4 pm	¹⁹ Tax Preparation 9-11 am Drop-In 10 am - 4 pm PAARC 10 am - 1 pm Community Lunch 12 - 1 pm Men's Group 6:15 - 8:30 pm	²⁰ Food Bank & Drop In 9:30 am - 5 pm S.H.I.P. Housing 10 am - 2 pm I.D. Clinic 12p-3p Women's Group 5:30 - 8 pm	²¹ Drop-In 10 am - 4 pm Community Lunch 12 - 1 pm Moyo 10 am - 1 pm Tax Preparation 5-7 pm	²² Food Bank & Drop-In 9:30 am - 5 pm PAARC 10 am - 12 pm Nursing Services (HHP) 9:30 am - 3 pm	²³ Refresh 10:30 am - 1:00 pm  Films & Fellowship 5-8 pm The Other Guys	²⁴
²⁵ Food Bank & Drop-In 9 am - 7 pm (open early) Housing Support 10 am - 12 pm	²⁶ Tax Preparation 9-11 am Drop-In 10 am - 4 pm PAARC 10 am - 1 pm Community Lunch 12 - 1 pm Men's Group 6:15 - 8:30 pm	²⁷ Food Bank & Drop In 9 am - 5 pm (open early) S.H.I.P. Housing 10a-2 BLOOM Clinic 10 am - 1 pm Women's Group 5:30 - 8 pm	²⁸ Drop-In 10 am - 12 pm Easter Meals 11:30 am, 1 pm, 5 pm (please register) Moyo 10 am - 1 pm EASTER DINNER	²⁹ Good Friday CLOSED	³⁰ Refresh 10:30 am - 1:00 pm  NO Films & Fellowship	³¹

427 Lakeshore Road East, Mississauga ON L5G 1H8 www.thecompass.ca

The Compass is a registered charity: **Charitable Registration Number 86235 2754 RR0001**
(Registered as Lakeshore Community Outreach Centre Inc.)
Updated Jan 3, 2024



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Programs Descriptions

The Region of Peel Housing Support

A housing support worker from the Region of Peel will be on-site to assist with housing support, housing navigation and resources.

Drop-in

On Tuesdays and Thursdays, we will operate on a drop-in basis, providing a place that you can visit for advice, help, a sense of community, etc., without making an appointment first.

Community Lunch Program

An eat-in lunch and an opportunity for building community and social interaction.

Employment Services via Family Services of Peel

General employment information, job search strategies and interview techniques.

S.H.I.P. (Supportive Housing in Peel)

Supportive Housing in Peel– Assistance for people with mental health and addiction issues who are in need of supportive housing

Haircuts

For clients offered by a local stylist

Nursing Services

Offered by Homeless Health Peel focused on primary care, serving those who are experiencing homelessness or at risk of homelessness.

PAARC (Peel Addiction Assessment and Referral Centre)

Offers many services and supports for people living with substance misuse and abuse, substance dependence, and harmful gambling

Bloom Clinic

A harm reduction clinic offering education and testing for Hepatitis C

ID Clinic

Assistance with applying for health cards, birth certificates, etc.

Moyo

A harm reduction clinic offering peer support, education and testing for HIV/AIDS

Films & Fellowship

Dinner and a movie on Saturday evenings