



THE COMPASS

Help for Today ♥ Hope for Tomorrow

November v4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	1 Food Bank & Drop-In 9: 30 am-5 pm Nursing Services 9 am - 1 pm PAARC 10 am-2 pm	2 Refresh 10:30	3
4 Food Bank & Drop-In 9: 30 am-7 pm Housing Support 10 am- 12 pm	5 Drop-In 10 am-1 pm PAARC 10 am-1 pm Community Lunch 11: 30-12:30 pm Men's Group 6:15 -8:30 pm	6 Food Bank & Drop-In (9: 30am-5pm) BLOOM Clinic (9:30am- 1pm) MOYO (1:30-3:30) Women's Group (5:30-7: 45pm)	7 Drop-In 10 am-1 pm Community Lunch 11:30 am-12:30pm MOYO 11am-12pm	8 Food Bank & Drop-In 9:30 am-5:00 pm PAARC 10 am-2 pm	9 Refresh 10:30	10
11 Food Bank & Drop-In 9: 30 am-7 pm Housing Support 10 am-12 pm Employment Services (Family Services of Peel) 10 am-4 pm	12 Drop-In 10 am-1 pm PAARC 10 am-1 pm Community Lunch 11: 30-12:30 pm Men's Group 6:15-8:30 pm	13 Food Bank & Drop In 9: 30 am-7 pm SHIP 10 am to 2 pm NO Women's Group	14 Drop-In 10 am-1 pm Community Lunch 11:30 am-12:30 pm MOYO 11 am-12pm	15 Food Bank & Drop-In 9: 30 am-5 pm PAARC 10 am-2 pm Service Canada Community Outreach CPP, OAS and CDCP 10 am - 3:30 pm	16 Refresh 10:30	17
18 Food Bank & Drop-In 9: 30 am-7 pm Housing Support 10 am- 12 pm Legal Advice 10 am - 12 pm Employment Services (Family Services of Peel) 10 am-4 pm	19 Drop-In 10 am-1 pm PAARC 10 am-1 pm Community Lunch 11: 30-12:30 pm Men's Group 6:15-8:30 pm	20 Food Bank & Drop In 9: 30 am-5 pm SHIP 10 am-12 pm BLOOM Clinic 9:30 am-1 pm INDUS 1 to 3 pm Women's Group 5:30 pm-8 pm	21 Drop-In 10 am-1 pm Community Lunch 11:30 am-12:30 pm MOYO 11 am-12 pm	22 Food Bank & Drop-In 9: 30 am-5 pm PAARC 10 am-2 pm	23 Refresh 10:30	24
25 Food Bank & Drop-In 9: 30 am-7 pm Housing Support 10 am-12 pm Employment Services (Family Services of Peel) 10 am-4 pm	26 Drop-In 10 am-1 pm PAARC 10 am-1 pm Community Lunch 11: 30-12:30 pm Men's Group 6:15-8:30 pm	27 Food Bank & Drop In 9: 30 am-5 pm SHIP 10 am-12 pm Women's Group 5:30 pm-8 pm	28 Drop-In 10 am-1 pm Community Lunch 11:30 am-12:30 pm MOYO 11 am-12 pm	29 Food Bank & Drop-In 9: 30 am-5 pm PAARC 10 am-2 pm	30 Refresh 10:30	