# October 2025



# **RESOURCE Partners and Programs**

		RESOURCE Partn				
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
Check the back of this calendar for Food Bank, Community Lunch and Drop in Hours		SHIP 10 am-12 pm  Counselling Services (Female) 10 am-5 pm  Women's Group 5:30 - 7:30 pm	ID Clinic 10 -12:30 Canadian Dental Care Plan 10:30 - 12:30	Ontario Works 9:30 am - 4:30 pm PAARC 10 am-2 pm Nursing Services 9 am - 4 pm Nurse practitioner 1 - 4pm Early Foodbank closing - 4 pm		
6	7	8	9	10	11	12
Late Foodbank Opening - 11am Employment Services 9:30 am - 5 pm Housing Support 10 am - 12 pm Service Canada 10 am - 3:30 pm Counselling Support (Male) 1 pm-6 pm	<b>PAARC</b> 10 am-1 pm	BLOOM Clinic 9:30am - 1pm  SHIP 10 am to 12 pm  Counselling Services (Female) 10 am-5 pm  Women's Group 5:30 - 7:30	MOYO 11am - 12 pm  Thanksgiving Dinner 4 and 6 PM Registration Required	Ontario Works 9:30 am - 4:30 pm  PAARC 10 am-2 pm  Nursing Services 9 am - 4 pm  Nurse practitioner 1 - 4pm	<b>Refresh</b> 10:30 am - 1pm	
13	14	15	16	17	18	19
CLOSED Thanksgiving Day	PAARC 10 am-1 pm	Extended Food Bank Hours 9:30 am - 7 pm SHIP 10am - 12pm Counselling Services (Female) 10am-5pm		Nursing Services 9 am - 4 pm  Ontario Works 9:30 am - 4 pm  PAARC 10 am-2 pm  Nurse practitioner 1 - 4pm	<b>Refresh</b> 10:30 am - 1pm	
20	21	22	23	24	25	26
Housing Support 10 am - 12 pm  Legal Advice 10 am - 12 pm  Counselling Support (Male) 1 pm-6 pm	<b>PAARC</b> 10 am-12 pm <b>Men's Group</b> 6 - 8 pm	BLOOM Clinic 9:30 am to 1 pm  SHIP 10 am-12 pm  Counselling Services (Female) 10am-5pm  Women's Group 5:30-7:30		Nursing Services 9 am - 4 pm Ontario Works 9:30 am - 4:30 pm PAARC 10 am-2 pm Nurse practitioner 1 - 4pm	<b>Refresh</b> 10:30 am - 1pm	
27	28	29	30	31		
Housing Support 10 am - 12 pm  Counselling Support (Male) 1 pm-6 pm	PAARC 10 am-12 pm Men's Group 6 - 8 pm	SHIP 10 am-12 pm  Counselling Services (Female) 10am-5pm  Women's Group 5:30-7:30		Nursing Services 9 am - 4 pm Ontario Works 9:30 am - 4:30 pm PAARC 10 am-2 pm Nurse practitioner 1 - 4pm		

# October 2025



# **COMPASS Food Bank and Community Lunch Hours**

Early Closing Friday October 4th - 4 pm

Late Opening Monday October 6th - 11 am

**CLOSED - Monday October 13th** 

Check calendar for date and time changes to Compass hours

Monday	Food Bank	9:30 am to 7 pm	
	Kitchen	Closes at 6:30	
Tuesday	Drop In	10 am to 1 pm	
	Comunity Lunch	11:30 am to 12:30 pm	
Wednesday	Food Bank	9:30 am to 5 pm	
	Kitchen	Closes at 4:30	
Thursday	Drop In	10 am to 1 pm	
	Comunity Lunch	11:30 am to 12:30 pm	
<u>Friday</u>	Food Bank	9:30 am to 5 pm	
	Kitchen	Closes at 4:30	

### **Resource Descriptions**

#### The Region of Peel Housing Support

A housing support worker from the Region of Peel will be on-site to assist with housing support, navigation, and resources.

#### **Employment Services via Family Services of Peel**

General employment information, job search strategies and interview techniques.

#### **SHIP (Services and Housing In the Province)**

Supportive housing for individuals with serious and persistent mental illness and/or addictions.

### PAARC (Peel Addiction Assessment and Referral Centre)

Offers many services and supports for people living with substance misuse and abuse, substance dependence, and harmful gambling.

#### **Bloom Clinic**

A harm reduction clinic offering education, testing and treatment for Hepatitis C, HIV and Sexually Transmitted Infections (STI).

### **Welfort Nursing Service**

A nurse to address basic health concerns.

### **Service Canada Community Outreach**

A Canada Pension Plan/Old Age Security (CPP/OAS) and Canadian Dental Care Plan (CDCP) in-person clinic to answer your questions.

#### PM Law

On-site Mondays once a month. Ask a professional your legal questions.

#### **ID Clinic**

The ID clinic assists individuals with getting a Canadian birth certificate and walking the applicant through the process.

### Region of Peel Harm reduction Team (Van)

Distribution of harm reduction supplies and education.

## **Ontario Works**

Questions answered and assistance in navigating services to get financial assistance

#### **Counselling Service**

Psychotherapy offered to eligible clients through Building Bridges Psychotherapy