



## RESOURCE Partners and Programs

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|---|--|---|--|---|
| <p><u>Check the back of this calendar</u> for Food Bank, Community Lunch and Drop in Hours</p>                 |   |  | 1<br>CLOSED   | 2<br>Nursing Service<br>9 am - 4 pm<br>Nurse Practitioner<br>1 pm-4 pm<br>Kitchen<br>CLOSED<br>Open for order pick up  | 3   |
| 5<br>Housing Support<br>10 am - 12 pm<br>Service Canada<br>10 am - 3 pm<br>Counselling Support<br>10 am - 4 pm | 6<br>PAARC<br>10 am -1 pm<br>Men's Group<br>5:30 - 7:30 pm  | 7<br>Counselling Services<br>10 am - 4 pm<br>Ship<br>10 am - 12 pm<br>Women's Group<br>5:30 - 7:30 pm                                | 8<br>ID Clinic<br>10 am -12:30 pm<br>Community Support<br>10 am -12 pm<br>MOYO<br>11 am - 12 pm | 9<br>Nursing Services<br>9 am - 4 pm<br>Ontario Works<br>9:30 am - 4:30 pm<br>PAARC<br>10 am - 2 pm<br>Nurse Practitioner<br>1 - 4 pm<br>Income Support Specailist<br>10am - 12pm    | 10<br>Refresh<br>10:30 am - 1 pm<br><br>Flim & Fellowship<br>5-8 pm<br>(Murder Mystery 2)         |
| 12<br>Employment Services<br>9:30 am - 5 pm<br>Housing Support<br>10 am - 12 pm<br>PAARC<br>10 am - 4:30 pm    | 13<br>PAARC<br>10 am -1 pm<br>Men's Group<br>5:30 - 7:30 pm | 14<br>BLOOM<br>9:30 am - 1 pm<br>Ship<br>10 am - 12 pm<br>Counselling Services<br>10 am - 4 pm<br>Women's Group<br>5:30 - 7:30 pm    | 15<br>Drop In Hours<br>9:30am - 1pm   | 16<br>Nursing Services<br>9 am - 4 pm<br>Ontario Works<br>9:30 am - 4:30 pm<br>ODSP<br>9:30am - 4:30pm<br>Nurse Practitioner<br>1pm- 4pm<br>Income Support Specialist<br>10am - 12pm | 17<br>Refresh<br>10:30 am - 1 pm<br><br>Flim & Fellowship<br>5-8 pm<br>(Ballad of a Small Player) |
| 19<br>Legal Advice<br>10 am to 12 pm<br>Housing Support<br>10 am - 12 pm<br>PAARC<br>10 am - 4:30 pm           | 20<br>PAARC<br>10 am -1 pm<br>Men's Group<br>5:30 - 7:30 pm | 21<br>SHIP<br>10 am - 12pm<br>Counselling Services<br>10 am - 4pm<br>Women's Group<br>5:30 pm - 7:30 pm                              | 22<br>Community Support<br>10 am -12 pm   | 23<br>Nursing Services<br>9 am - 4 pm<br>Ontario Works<br>9:30 am - 4:30 pm<br>ODSP<br>9:30am - 4:30pm<br>Nurse Practitioner<br>1pm- 4pm<br>Income Support Specialist<br>10am - 12pm | 24<br>Refresh<br>10:30 am - 1 pm<br><br>Film & Fellowship<br>5-8 pm<br>(Back in Action)           |
| 26<br>Housing Support<br>10 am - 12 pm<br>PAARC<br>10 am - 4:30 pm   | 27<br>PAARC<br>10 am -1 pm<br>Men's Group<br>5:30 - 7:30 pm | 28<br>BLOOM<br>9:30 am - 1 pm<br>Ship<br>10 am - 12 pm<br>Counselling Services<br>10 am - 4 pm<br>Women's Group<br>5:30 pm - 7:30 pm | 29<br>Drop In Hours<br>9:30am - 1pm   | 30<br>Nursing Services<br>9 am - 4 pm<br>Ontario Works<br>9:30 am - 4:30 pm<br>ODSP<br>9:30am - 4:30pm<br>Nurse Practitioner<br>1pm- 4pm<br>Income Support Specialist<br>10am - 12pm | 31<br>Refresh<br>10:30 am - 1 pm<br><br>Film & Fellowship<br>5-8 pm<br>(Back to the Future)       |



## COMPASS Food Bank and Community Lunch Hours

Check calendar for date and time changes to Compass hours

|           |                            |   |
|-----------|----------------------------|---|
| Monday    | Food Bank<br>Kitchen       | 9:30 am to 7:00 pm<br>Closes at 6:30 pm     |
| Tuesday   | Drop In<br>Community Lunch | 10:00 am to 1:00 pm<br>11:30 am to 12:30 pm |
| Wednesday | Food Bank<br>Kitchen       | 9:30 am to 5:00 pm<br>Closes at 4:30 pm     |
| Thursday  | Drop In<br>Community Lunch | 10:00 am to 1:00 pm<br>11:30 am to 12:30 pm |
| Friday    | Food Bank<br>Kitchen       | 9:30 am to 5:00 pm<br>Closes at 4:30 pm     |

### Resource Descriptions

#### **The Region of Peel Housing Support**

A housing support worker from the Region of Peel will be on-site to assist with housing support, navigation, and resources.

#### **Employment Services via Family Services of Peel**

General employment information, job search strategies and interview techniques.

#### **SHIP (Services and Housing In the Province)**

Supportive housing for individuals with serious and persistent mental illness and/or addictions.

#### **PAARC (Peel Addiction Assessment and Referral Centre)**

Offers many services and supports for people living with substance misuse and abuse, substance dependence, and harmful gambling.

#### **Bloom Clinic**

A harm reduction clinic offering education, testing and treatment for Hepatitis C, HIV and Sexually Transmitted Infections (STI).

#### **Welfort Nursing Service**

A nurse to address basic health concerns.

#### **Service Canada Community Outreach**

A Canada Pension Plan/Old Age Security (CPP/OAS) and Canadian Dental Care Plan (CDCP) in-person clinic to answer your questions.

#### **PM Law**

On-site Mondays once a month. Ask a professional your legal questions.

#### **ID Clinic**

The ID clinic assists individuals with getting a Canadian birth certificate and walking the applicant through the process.

#### **Region of Peel Harm reduction Team (Van)**

Distribution of harm reduction supplies and education.

#### **Ontario Works**

Questions answered and assistance in navigating services to get financial assistance

#### **Counselling Service**

Psychotherapy offered to eligible clients through Building Bridges Psychotherapy

#### **Community Support**

PRP, PAARC, and PCHS partnership offers many services and supports for legally involved individuals living with mental health concerns and substance use

#### **ODSP**

Ontario Disability Support Program assist with financial assistance for living expenses/health benefits to individuals with disabilities in Ontario

#### **Income Support Specialist**

CHMA Income Support Specialists can support clients with government financial assistance programs (e.g., ODSP, OW).

#### **Films and Fellowship**

Enjoy a movie and a meal

#### **Refresh** Bible study and discussion