



RESOURCE Partners and Programs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Employment Services 9:30am - 4pm PAARC 10am - 4:30pm	3 Men's Group 5:30 - 7:30 pm	4 SHIP 10 am - 12 pm Couselling Service 10am - 4pm PAARC 10am - 1pm Women's Group 5:30 - 7:30 pm	5 ID Clinic 10 am -12:30 pm Moyo 10am - 12pm	6 Nursing Services 9 am - 4 pm Ontario Works 9:30 am - 4:30 pm ODSP 9:30am - 4:30pm Income Support Specialist 10am - 12pm Nurse Practitioner 1pm- 4pm	7 Refresh 10:30 am - 1 pm Flim & Fellowship 5-8 pm (Back to the Future 2)
9 Service Canada 10am - 3pm PAARC 10am - 2:30pm Counselling Support 12pm - 5pm	10 Peel Housing Support 9:30am - 1pm Acces Street Fleet 9:30am - 1pm Men's Group 5:30 - 7:30 pm	11 Dr.Hershkop 9:30am- 10:30am SHIP 10 am - 12 pm Couselling Service 10am - 4pm BLOOM 9:00am - 1pm PAARC 10am - 1pm Women's Group 5:30 - 7:30 pm	12 Community Support 10 am -12 pm Moyo 10am - 12pm	13 Nursing Services 9 am - 4 pm Ontario Works 9:30 am - 4:30 pm ODSP 9:30am - 4:30pm Income Support Specialist 10am - 12pm Nurse Practitioner 1pm- 4pm	14 Refresh 10:30 am - 1 pm Flim & Fellowship 5-8 pm (Rudy)
16 PAARC 10am - 2:30pm PM Law 10am - 12pm Counselling Support 12pm - 5pm	17 Peel Housing Support 9:30am - 1pm Men's Group 5:30 - 7:30 pm	18 SHIP 10 am - 12 pm Couselling Service 10am - 4pm PAARC 10am - 1pm Women's Group 5:30 - 7:30 pm	19 CLOSED	20 CLOSED	21 No Programs
23 PAARC 10am - 2:30pm Counselling Support 12pm - 5pm	24 Peel Housing Support 9:30am - 1pm ACCESS Street Fleet 9:30am -1pm Men's Group 5:30 - 7:30 pm	25 Dr.Hershkop 9:30am- 10:30am SHIP 10 am - 12 pm Couselling Service 10am - 4pm BLOOM 9:00am - 1pm PAARC 10am - 1pm Women's Group 5:30 - 7:30 pm	26 Moyo 10am - 12pm Indus Community Service 11am - 1pm Community Support 10am - 12pm	27 Nursing Services 9 am - 4 pm Ontario Works 9:30 am - 4:30 pm ODSP 9:30am - 4:30pm Income Support Specialist 10am - 12pm Nurse Practitioner 1pm- 4pm	28 Refresh 10:30 am - 1 pm Flim & Fellowship 5-8 pm (Hit Man)
30 PAARC 10am - 2:30pm Counselling Services 12pm -5pm	31 Peel Housing Support 9:30am - 1pm Men's Group 5:30 - 7:30 pm	1	Check the back of this calendar for Food Bank, Community Lunch and Drop in Hours		

March 2026



THE COMPASS
Help for Today ♥ Hope for Tomorrow

V1.2

COMPASS Food Bank and Community Lunch Hours

Check calendar for date and time changes to Compass hours

Monday	Food Bank	9:30 am to 7:00 pm
	Kitchen	Closes at 6:30 pm
Tuesday	Drop In	10:00 am to 1:00 pm
	Community Lunch	11:30 am to 12:30 pm
Wednesday	Food Bank	9:30 am to 5:00 pm
	Kitchen	Closes at 4:30 pm
Thursday	Drop In	10:00 am to 1:00 pm
	Community Lunch	11:30 am to 12:30 pm
Friday	Food Bank	9:30 am to 5:00 pm
	Kitchen	Closes at 4:30 pm

Resource Descriptions

The Region of Peel Housing Support

A housing support worker from the Region of Peel will be on-site to assist with housing support, navigation, and resources.

Employment Services via Family Services of Peel

General employment information, job search strategies and interview techniques.

SHIP (Services and Housing In the Province)

Supportive housing for individuals with serious and persistent mental illness and/or addictions.

PAARC (Peel Addiction Assessment and Referral Centre)

Offers many services and supports for people living with substance misuse and abuse, substance dependence, and harmful gambling.

Bloom Clinic

A harm reduction clinic offering education, testing and treatment for Hepatitis C, HIV and Sexually Transmitted Infections (STI).

Welfort Nursing Service

A nurse to address basic health concerns.

Service Canada Community Outreach

A Canada Pension Plan/Old Age Security (CPP/OAS) and Canadian Dental Care Plan (CDCP) in-person clinic to answer your questions.

PM Law

On-site Mondays once a month. Ask a professional your legal questions.

ID Clinic

Once a month the ID clinic assists individuals with getting a Canadian birth certificate and walking the applicant through the process.

Region of Peel Harm reduction Team (Van)

Distribution of harm reduction supplies and education.

Moyo Health and Community Services

Provides a growing array of health promotion, education, social and support services for people living with, affected by, and at systemic risk of HIV.

Ontario Works

Questions answered and assistance in navigating services to get financial assistance.

Counselling Service

Psychotherapy offered to eligible clients through Building Bridges Psychotherapy.

Community Support

PRP, PAARC, and PCHS partner to provide comprehensive services for justice-involved individuals with mental health and substance use needs.

Income Support Specialist

CHMA Income Support Specialists can support clients with government financial assistance programs (e.g., ODSP, OW).

Indus Community Services

Provides community health outreach focused on diabetes prevention, service navigation (services offered by PCHS and LAMP).

ODSP

Ontario Disability Support Worker can help clients navigate support programs and individuals access benefits for basic needs and disability-related costs.

ACCES Employment's Street Fleet

Provides on-site help with job coaching, resumes, program intake, and referrals to job training and employment.

Dr. Hershkop

Assists with addiction and substance abuse, mental health, and treatment.

Films and Fellowship

Enjoy a movie and a meal.

Refresh

Bible study and discussion.