





**June 2026**

**COMPASS Food Bank and Community Lunch Hours**

Check calendar for date and time changes to Compass hours

Monday	Food Bank	9:30 am to 7:00 pm
	Kitchen	Closes at 6:30 pm
Tuesday	Drop In	10:00 am to 1:00 pm
	Community Lunch	11:30 am to 12:30 pm
Wednesday	Food Bank	9:30 am to 5:00 pm
	Kitchen	Closes at 4:30 pm
Thursday	Drop In	10:00 am to 1:00 pm
	Community Lunch	11:30 am to 12:30 pm
Friday	Food Bank	9:30 am to 5:00 pm
	Kitchen	Closes at 4:30 pm

**Resource Descriptions**

**Employment Services via Family Services of Peel**

General employment information, job search strategies and interview techniques.

**SHIP (Services and Housing In the Province)**

Supportive housing for individuals with serious and persistent mental illness and/or addictions.

**PAARC (Peel Addiction Assessment and Referral Centre)**

Offers many services and supports for people living with substance misuse and abuse, substance dependence, and harmful gambling.

**Bloom Clinic**

A harm reduction clinic offering education, testing and treatment for Hepatitis C, HIV and Sexually Transmitted Infections (STI).

**Welfort Nursing Service**

A nurse to address basic health concerns.

**Service Canada Community Outreach**

A Canada Pension Plan/Old Age Security (CPP/OAS) and Canadian Dental Care Plan (CDCP) in-person clinic to answer your questions.

**PM Law**

On-site Mondays once a month. Ask a professional your legal questions.

**ID Clinic**

Once a month the ID clinic assists individuals with getting a Canadian birth certificate and walking the applicant through the process.

**Moyo Health and Community Services**

Provides a growing array of health promotion, education, social and support services for people living with, affected by, and at systemic risk of HIV

**Ontario Works**

Questions answered and assistance in navigating services to get financial assistance.

**Counselling Service**

Psychotherapy offered to eligible clients through Building Bridges Psychotherapy.

**Indus Community Services**

Provides community health outreach focused on diabetes prevention, service navigation (services offered by PCHS and LAMP).

**ODSP**

Ontario Disability Support Worker can help clients navigate support programs and individuals access benefits for basic needs and disability -related costs.

**ACCES Employment's Street Fleet**

Provides on-site help with job coaching, resumes, program intake, and referrals to job training and employment.

**Dr. Hershkop**

Assists with addiction and substance abuse, mental health, and treatment.

**Films and Fellowship**

Enjoy a movie and a meal.

**Refresh**

Bible study and discussion.